

# THE LINK

**UAMS**  
UNIVERSITY OF ARKANSAS  
FOR MEDICAL SCIENCES  
Spring 2014  
Volume 5, #1

## The DFPM Celebrates 40 Years of Outstanding Teaching and Patient Care



*Dr. Knight welcomes Alecia Hamilton (DFPM CME director, left) and Dr. Jan Shorey (COM Associate Dean for CME and Faculty Affairs).*

Alumni, faculty, residents, and many others gathered together at the Governor’s Mansion on November 21, 2013, to celebrate the 40<sup>th</sup> anniversary of the Department of Family and Preventive Medicine and the more than 250 family physicians who have been trained in the residency program.

The Honorable Mike Beebe, Governor of Arkansas, was at the door to welcome guests such as former U.S. Representative Vic Snyder MD (residency class of 1982), Dan Rahn MD (UAMS Chancellor), and Joe Thompson MD (Arkansas Surgeon General, and Director of the Arkansas Center for Health Improvement), who was the keynote speaker for the event.

Daniel A. Knight MD, DFPM chair and residency class of 1988, led the proceedings. In his opening comments, he mentioned the naming of the UAMS Family Medical Center as a Level 3 Patient-Centered Medical Home as a key distinction in recent years, along with the accomplishments of the Community Research Group, which joined the DFPM in 2011.

Arlo Kahn MD, professor and residency class of 1977, said “It has been a pleasure to watch the department evolve over the past 40 years into an integral part of the medical school and a strong partner with UAMS Regional Programs in preparing our students and residents to meet the needs of our state for a strong primary care workforce.”

The DFPM was originally known as the Department of Family and Community Medicine and was established as a division in 1969. On July 1, 1973, it became a department and was located on the first floor of the St. Vincent Infirmary School of Nursing. In November 1973, it was moved to a clinic at 5<sup>th</sup> and Cedar Streets.



*Dr. Kahn, right, chats with former U.S. Representative Vic Snyder MD, who graduated from the residency program in 1982.*

## Tina Wells, MD Assumes Duties as the Residency Program Director



*Dr. Wells, left, discusses her new teaching series with chief resident Dr. Mary Ukor.*

On December 1, 2013, Tina Wells MD added a new honor to her long list of accomplishments – she became the Little Rock Family Medicine Residency program director.

Dr. Wells is a native of Louisiana and a graduate of the Louisiana State University School of Medicine in New Orleans and of the Family Medicine residency program of the Baton Rouge General Medical Center. Most

recently, she was a family physician in Ketchikan, Alaska, where she was also the assistant medical director of the Ketchikan Indian Community Tribal Health Center.

Before that she practiced in Baton Rouge for many years. She also was teaching faculty/rural preceptor for the FM residency programs in Baton Rouge and at Tulane University from 1998 to 2012, an AHEC rural

Continued on page 2

## News from the Director



Thank you to everyone for the very warm welcome to my new position as Program Director here at the Little Rock Family Medicine residency program.

I speak for the entire DFPM when I say THANK YOU to Dr. Knight for stepping in and carrying the Interim PD load when needed, and for being a superb mentor to all of us in the department.

Although I moved here from a 14-month hiatus in Ketchikan, Alaska, I am a graduate of LSU-MC New Orleans and was in practice for 15 years in Baton Rouge, LA. I consider myself a lifelong learner, teacher, and mentor. I live by the motto “never ask others to do something you are capable of doing yourself.” I am honored to join the faculty here at UAMS and have hit the ground running.

I am pleased to welcome Dr. Mark Jansen to the FM faculty. He joins us from Arkadelphia, and he will be doing procedure clinics with our residents including colonoscopies, cosmetic dermatology, and routine skin procedures. He is an excellent clinician and teacher, and we look forward to a long relationship with him and the department.

As I write this, we are in the middle of interview season and have met some wonderful applicants. We have received 1,926 applications to date. I look forward to completing the interview season and match, as I know we will have a great PGY-1 class starting in July 2014.

*Tina T. Wells MD  
Program Director*

Residency Program Director Continued from page 1

preceptor for medical students from LSU (New Orleans and Shreveport) and Tulane Medical School, and a preceptor for nurse practitioners at Loyola University.

Dr. Knight served as interim program director from October 2012, when Dr. Philip Hudson left to return to his home state of Texas, until the end of 2013. “I am very pleased to welcome Dr. Wells to our program,” Dr. Knight said. “She brings a wealth of experience as a clinician and teacher, along with great enthusiasm and energy.”

Dr. Wells and her husband Michael have two daughters, Haley and Hanna.

## Alumni Spotlight

Lydia Steelman, M.D.



### Hometown

Bryant, Arkansas

### Loved ones

Husband – Clay Steelman.

Daughter – Kylie Steelman. Dogs – Turbo and Daggio.

### Education

Medical School: UAMS, 2009

Residency: Little Rock Family Medicine Residency Program, 2012

### Current position

Family physician in a private clinic in Norman, Oklahoma

### What was your most memorable moment from the residency program?

This might be kind of sad, but when I saw so many from the program at Karston’s funeral. It really meant a lot to see how much people cared.

### What was your funniest moment in the residency program?

When Bala saw my Facebook page pictures and commented on how I looked so “different” now but “still beautiful!” Nataraj Desai and I laughed for a long time.

### Who were your favorite faculty members? Why?

Dr. Hudson - ease of approaching him, very personable.  
Dr. Wortham - he trusted our judgment in clinic. Dr. Kahn - tough but willing to teach beyond the normal level. Dr. Konis - always had a different perspective than I had.

### What are your favorite things to do in your leisure time?

Read a good book. Watch a movie. Go on a date with my husband - when we find a babysitter. Play with my daughter.

### If you could invite any three people from in the history of the world to have dinner with you, who would you choose? Why?

Lydia from the Bible. My grandmother. Miz Evans – my dorm mother.

### What three words best describe you?

Genuine. Flexible. Good listener.

## News Flashes

- **The 2014 STFM (Society of Teachers of Family Medicine)** Spring Conference in San Antonio will feature presentations by members of our faculty. Diane Jarrett EdD, Arlo Kahn MD, and Daniel Knight MD are on the agenda for “Innovations in Promoting Interest in Family Medicine – Community-based Mentors, Social Media, and More.”
- **Also at STFM**, Dr. Jarrett will co-present “E-learning Courses on Sexual and Reproductive Health: Interactive, Evidence-based, and Flexible” with Taylor Rose Ellsworth MPH from Physicians for Reproductive Health in New York and with Lisa Schlar MD from the Shadyside Family Medicine Residency in Pittsburgh, PA.
- **Shashank Kraleti MD** has had several recent publications, including “Intracranial Germinoma Presenting as Anorexia and Unexplained Weight Loss” in *OGH Reports* (co-authored with Dr. David Nelsen) and “Pancytopenia and Lactic Acidosis Associated with Linezolid Use in a Patient with Empyema” in the *Arkansas Medical Society Journal* (with Dr. Zuma Soultanova).
- **Our Community Research Group** continues to publish in peer-reviewed journals at an astonishing rate. Check out our website at <http://familymedicine.uams.edu/> for details, including an upcoming publication in *The Journal of Pediatric Healthcare* by Drs. Connors-Burrow, Bokony, Whiteside-Mansell, Jarrett, Kraleti, McKelvey, and Kyzer.
- **Do you Facebook?** We do. See <https://www.facebook.com/LittleRockFMAlumni> If you have items or photos you'd like to submit to publish on our Facebook page, let us know. We're always happy to share your good news and successes.

## Mark Jansen MD Joins Faculty to Train Residents in Derm Procedures and Colonoscopy



The residency program is excited to welcome Dr. Mark T. Jansen to the DFPM faculty. He has a special interest in dermatology and dermatological procedures stemming from his father, who was chair of the UAMS Department of Dermatology for 25 years. Dr. Jansen also has extensive experience in colonoscopy and will be performing screening studies on campus as well as training interested DFPM residents.

Additionally he will make noon conference presentations on a frequent basis, including an upcoming session on “Bumps, Lumps, and Blisters.”

“I am excited to be here at the DFPM,” Dr. Jansen said. “I know the residents and students will keep me on my toes and I believe I can help them gain a skill set that will benefit their future patients and make their practice more satisfying as well.”

Dr. Jansen's wife Cynthia is a family practice nurse practitioner and pediatric APN. His son Neal is an industrial recruiter for the state of Arkansas in Asia, and his daughter Suzanne will receive her Doctor of Pharmacology from UAMS in 2014.

## Upcoming CME Events

### BreastCare Educational Series

March 4, 11, and 18, 2014

### 2014 Arkansas Down Syndrome Conference

April 25-26, 2014

### 36<sup>th</sup> Annual Family Medicine Intensive Review Course

May 15-18, 2014

For more information or to register,  
go to [www.cme.uams.edu](http://www.cme.uams.edu).



UAMS Family Medicine Residency Program  
4301 West Markham St., #530  
Little Rock, AR 72205

501-686-6593 (phone)  
501-686-8421 (fax)

Editor: Diane Jarrett Ed.D.  
DMJARRETT@UAMS.EDU

Find us online at:  
<http://familymedicine.uams.edu>

## SAVE THE DATE - ALUMNI “MEET AND GREET” RECEPTION ON THURSDAY, MAY 15, 2014

All Little Rock Family Medicine residency program alumni are invited for a “Meet and Greet” reception on Thursday, May 15.

It begins at 5:30 p.m. in the Hamlen Boardroom on the 12th floor of the Stephens Spine Institute. This event is part of the 36th Annual Family Medicine Intensive

Review Course on May 15-18, 2014 – but you are welcome to attend the reception even if you can’t attend the full conference.

**Call 501-686-5439 to reserve your place.** Watch our website for more information, and feel free to pass on the invitation to other alumni in the area.

## Family Medicine Alumni - We are Looking for You!



One of the new year’s resolutions of the Family Medicine residency program is to have more contact with program alumni.

To that end, we are looking for you! Are you interested in alumni parties? Would you like to help us with recruitment events for applicants to the program? Do you want to receive periodic email updates about what’s happening?

We had so much fun with the 40<sup>th</sup> anniversary party that we want to set up a series of events with our alumni. All we need is an email address to keep you in the loop. Email Dr. Jarrett ([DMJarrett@uams.edu](mailto:DMJarrett@uams.edu)) with your contact information. We’ll take it from there.