



Dr. Shashank Kraleti is Named Residency Program Director

Shashank Kraleti, M.D., who joined our faculty in 2012, was named residency program director in May.

Daniel A. Knight, M.D., Fellow of the American Academy of Family Physicians, the Department of Family and Preventive Medicine chair and former residency director, said he is excited that Kraleti has accepted the position. "He comes with great enthusiasm and inventive ideas about making improvements to the program," Knight said. "I look forward to a long association with him in this position."

Kraleti holds the Jack W. Kennedy Chair in Family and Preventive Medicine, is a graduate of the Association of Family Medicine Residency Directors' National Institute for Program Director Development and is also a continuing medical education medical director. In 2016, he received a New Faculty Scholar Award from the Society of Teachers of Family Medicine. In addition to his published research articles, Kraleti has had papers accepted for presentations in national arenas such as the North American Primary Care Research Group, Society of Teachers of Family Medicine and the International Society for the Study of Behavioral Development in Canada. He has appeared on Little Rock television several times to discuss topics such as heat-related illnesses and adult



Dr. Shashank Kraleti looks happy outside his new office, which he moved to upon being named program director.

immunizations and is the author of a newspaper column on health issues.

Kraleti leads a procedural half-day clinic and frequently teaches procedures to residents and medical students. His clinical interests include hypertension, diabetes, preventive care, behavioral medicine, research and procedures. Before joining the faculty in 2012 as an assistant professor, Kraleti was chief resident in the Department of Family and Preventive Medicine's residency program and played a fundamental role

Continued on page 3

Dr. Mark Jansen Named as Inaugural Recipient of Endowed Chair in Primary Care

In April 2016, Mark T. Jansen, M.D., was invested as the inaugural recipient of the Arkansas Blue Cross and Blue Shield, George K. Mitchell, M.D., Endowed Chair in Primary Care. The chair was established with a \$1 million grant to UAMS in 2015 from Arkansas Blue Cross and Blue Shield. It honors Mitchell — a UAMS graduate and Arkansas Blue Cross board member and retired president who led the health insurance company for nearly 20 years.

The endowment calls for the chair holder to focus on innovations to meet the Triple Aim of health system reform — better patient experience, improving the health of the population and decreasing the cost of care — through the incorporation of team-based care, health promotion, health literacy and population health strategies into primary care settings. It is to be a UAMS-wide chair with a chair holder to be appointed on a three-year, rotating basis.

"I am deeply honored to receive this chair," said Jansen, an associate professor in the College of Medicine Department of Family and Preventive Medicine. "As the inaugural chair holder, I will work diligently to honor the intent, scope and mission of this endowment while helping our institution meet the Triple Aim."

Jansen was presented with a commemorative medallion by UAMS Chancellor Dan Rahn, M.D., and UAMS College of Medicine Dean Pope L. Moseley, M.D., who both spoke during the investiture ceremony.



Jansen was presented with a commemorative medallion by UAMS Chancellor Dan Rahn, M.D., (on the left) and UAMS College of Medicine Dean Pope L. Moseley, M.D., who both spoke during the investiture ceremony.

FAMILY MEDICINE UPDATE

October 21-22, 2016

For more information, go to www.cme.uams.edu

Residency Program Welcomes Dr. Jack Sublett, Dr. Anil Kopparapu, and Dr. Martha Lauster

Dan Knight is proud to announce that three additional faculty members are joining the program in 2016.

Jack D. Sublett II, M.D., comes to us from private practice in Little Rock. His training includes a fellowship in hemopathology at UAMS, residency in anatomic pathology/clinical pathology and a fellowship in surgical pathology — both at the Washington University School of Medicine/Barnes-Jewish

Hospital in St. Louis and a general surgery internship at the University of Mississippi in Jackson. He is a 2001 graduate of the UAMS College of Medicine.



Anil Kopparapu, M.D., M.P.H. attended medical school at Andhra Medical College in Andhra Pradesh, India, and

he completed an internship in medicine and surgery at King George Hospital in Andhra Pradesh. His master's degree in public health is from the University of Southern Mississippi, and he completed his family medicine residency program at the State University of New York at Buffalo. Kopparapu is coming to the program from Geisinger Medical Center in Danville, Pennsylvania, where he served as a hospitalist.



Continued on page 2

News from the Director



I am very excited to move to my new position as the program director. I feel like I have a lot to offer to the residency program, having graduated from it.

The academic year 2015-2016 was one of many changes for the residency program, including several changes in our faculty. Rajalakshmi Cheerla, M.D., and Zuma Soultanova, M.D., – who in addition to being faculty were graduates of our residency program – have moved on to other opportunities. Tina Wells, M.D., who was our program director, also left the program for new horizons. We thank them for their service and wish them all the best in the future.

We are happy to welcome Jack Sublett, M.D., and Anil Kopparapu, M.D., to our faculty in 2016. We also are glad to see Martha Lauster, M.D., back on a part-time basis in the program. She was a full-time faculty member several years ago and our residents greatly appreciated her, including voting her the Outstanding Family Medicine Faculty Award winner in 2008.

Another change involves Jamie Howard, who has stepped down as the Family Medical Center's medical director after 33 years of service. I'm glad to say that she is still full-time faculty and continues to serve in many capacities in the residency program and the department.

We are enthusiastic about the new, starting interns, who were picked from a vast pool of strong applicants.

The program continues to improve with several curricular changes in didactics, procedures, health management, resident wellbeing and board preparation.

*Shashank Kraleti, M.D.,
Program Director*

Residency Program, continued from page 1



Martha Lauster, M.D., was a faculty member in the department from 2005 to 2010. She will be returning on a part-time basis in conjunction with her position as a state agency medical consultant for disability determination for the Social Security Administration. Lauster completed medical school and a family medicine residency at the University of Wisconsin. She also completed a fellowship in hospice and palliative medicine at UAMS in 2011.

ALUMNI SPOTLIGHT

**Sowmya Thadisina, M.D.,
(Class of 2010)**



Hometown

Secunderabad, Telangana, India

Education

Medical school: Osmania Medical College; Hyderabad, Telangana, India
Residency: Little Rock Family Medicine Residency Program
Fellowship/post-graduate training: Geriatric medicine/family practice; Montefiore Medical Center North Division; Bronx, New York

Current position

Primary care physician/geriatrician, Banner Health; Peoria, Arizona

What was your most memorable moment from the residency program?

The trip to Kroger with Dr. Kahn; it was a wonderful experience regarding foods and learning to focus more on reading labels.

What was your funniest moment in the residency program?

Building a tall tower with paper, coordinated by Chris Rule.

Who were your favorite faculty members? Why?

Dr. Kahn: Very composed, compassionate, and caring.

What are your favorite things to do in your leisure time?

Drawing.

If you could invite any three people in the history of the world (living or not) to have dinner with you, who would you choose? Why?

Mother Teresa: To learn about caring and giving selflessly.
Grandmother Susheela: To try to cook my best meal for her. (She was a great cook.)
Former President of India A.P.J. Abdul Kalam: To learn his experience regarding being self-content, happy and contributing to humanity.

What three words best describe you?

Soft-spoken, compassionate, and passionate (about my work).

ALUMNI SPOTLIGHT

**Venkatesh Nagalapadi, M.D.,
(Class of 2003)**



Hometown

Chennai, India

Personal details

Married with an 11-year-old son and a dog who thinks he is a child, too.

Education

Medical school: Kilpauk Medical College, Chennai, India
Residency: Little Rock Family Medicine Residency Program

Current position

President, CFP Physicians Group, Casselberry, Florida. I own and manage a 25-provider multispecialty group specializing in geriatric care in the outpatient, sub-acute rehabilitation, assisted living facility and home visit settings. We collaborate with local area hospitals in improving standards of care and participate in multiple initiatives to reduce rehospitalizations.

What was your most memorable moment from the residency program?

Geriatric care and doing home visits.

What was your funniest moment in the residency program?

Every day with the staff. There were plenty of memorable moments.

Who were your favorite faculty members? Why?

Dr. Kahn and Dr. Knight. They laid a solid foundation for my career.

What are your favorite things to do in your leisure time?

Traveling, reading and racing cars.

If you could invite any three people in the history of the world (living or not) to have dinner with you, who would you choose? Why?

Albert Einstein, Jack Kerouac and Jimi Hendrix.

What three words best describe you?

Happy, enthusiastic, fun.

Residency Program Wins Grant Money to Purchase Musculoskeletal Models

The Medical Education Foundation for Arkansas (MEFFA) has awarded the residency program a \$10,000 grant to purchase musculoskeletal models for teaching residents and medical students at UAMS.

Shashank Kraleti, M.D., had already been teaching musculoskeletal workshops using models from the UAMS Simulation Center, but the Sim Center did not have all of the models necessary for additional training. The residency program proposed the purchase of models for shoulder injections, knee injections, hand injections, and elbow injections – and the MEFFA said yes.

The need for such training is obvious for family medicine residents, but it also makes sense for medical students.

“Regardless of their ultimate career choices, most medical students need to acquire knowledge and skills pertaining to musculoskeletal

diagnosis and treatment modalities,” Kraleti said. “This includes the ability to perform competent musculoskeletal exams and to perform procedures such as joint injections.”

The training will begin with residents later this year and will expand to include workshops for medical students in the fall and spring.



Dr. Kraleti practices on one of the musculoskeletal models that he will use to train residents and medical students.

Kraleti named Director, continued from page 1

in implementing the night-float system in the department. He was also the recipient of the department's Special Thanks and Recognition (STAR) Professionalism Award and the American Academy of Family Physicians Scholarship Award. When he is away from work, he serves as the president of the Global Illumine Corporation, a non-profit charitable organization that transforms lives and communities by supporting education of the young and needful. Kraleti enjoys listening to music, watching movies, traveling and swimming.