

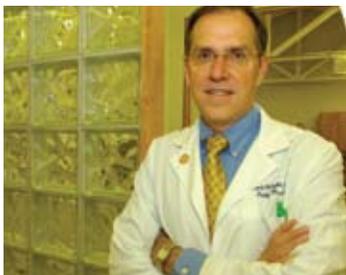
# THE

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UNIVERSITY OF ARKANSAS FOR MEDICAL SCIENCES FAMILY MEDICINE RESIDENCY PROGRAM

FALL 2009, VOLUME 1, ISSUE 1

## WELCOME FROM THE CHAIR



Dear Fellow DFPM Alumni:

I am excited to welcome you to the first UAMS Department of Family and Preventive Medicine's newsletter. I hope we can use this to reconnect with some old friends, to inform you of the wonderful work we do in the department, and to increase support for the mission of the Department of Family and Preventive Medicine in Arkansas. I believe that together we can help with the challenges and increase opportunities for family medicine.

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Many changes have occurred at the DFPM in the last year. On July 1, 2009, I took over as permanent chairman after a year as acting chairman. As you may know, I spent 10 years as the residency program director. I believe the residency would be better-served by having a dedicated program director; therefore, I have appointed C. Philip Hudson, M.D., as the new residency program director. He began his duties on Aug. 1, 2009. He is more than capable and excited about the position and has three years of experience as associate program director to add to his 25 years in private

family medicine practice.

Other changes include appointment of Jorge Rodriguez, D.O., C.A.Q.S.M., as the new pre-doc director. Jorge will be excellent with his background, his certification in sports medicine and his winning personality. He replaces Sarita Prajapati, M.D., who has moved back to Texas to be near family. Our loss is Texas' gain!

We have a fantastic new CME Director, Allyson Cook, whose enthusiasm and wonderful smile have propelled the CME division forward during a challenging financial time. Our other divisions, including POEM and Student and Employee Health Services, continue to function well and provide great service to UAMS and the central Arkansas business community. POEM continues to provide comprehensive executive physicals as well as travel medicine services, occupational medicine and immigration physicals.

Innovation will be a key to plans to implement our mission and vision for the DFPM. Most of you have heard by now of the Patient Centered Medical Home (PCMH). We are working to receive NCQA PCMH recognition status for the Family Medical Center (FMC). With some financial help from the dean of the College of Medicine, this will allow us to take better care of our patients, promote patient and provider satisfaction, and continue to be a leader in patient-centered care. With our EMR capabilities and excellent staff, I believe this will be accomplished in a short time. I hope this will bring regional and national recognition and academic accomplishments. Additionally, I hope insurance companies will soon reimburse for this, bringing a vast improvement to the care of our patients. I invite you to take a look at our progress and see if this might be something useful to you, your patients and your staff.

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# ALUMNI SPOTLIGHT

If you'd like to be featured in an upcoming Alumni Spotlight, email [DMJARRETT@UAMS.EDU](mailto:DMJARRETT@UAMS.EDU)

**Name:** Annie Khurana, M.D.  
**Hometown:** Ludhiana, Punjab, India  
**Education:** Dayanand Medical College (Ludhiana, Punjab, India), 2003  
UAMS Family Medicine Residency Program, 2008

**Current position:**  
Fellow, UAMS Department of Geriatrics

**What was your most memorable moment from the residency program?**  
Each day and each patient was so special! My most memorable moment was when I received several awards at my graduation ceremony, which came as a surprise to me. I was so thankful to faculty, fellow residents and clinic staff for their support.

**Who were your favorite faculty members?**  
Drs. Knight, Kahn, Lauster, Nelsen and Rodriguez.

## RESIDENCY NEWS



C. Philip Hudson, M.D., became the new residency program director on Aug. 1, 2009. He is excited about his new role and has already implemented several innovations that will serve the residents and the program well.

Diane Jarrett, Ed.D., is the assistant residency director and has been with the program since 2008.

Drs. Knight, Hudson, Kahn, and Jarrett have begun work on a three-year project to better meet the needs of poor and underserved populations in Arkansas, including Hispanics, African Americans, HIV patients and the homeless. Didactics, field trips, portfolios, and other educational opportunities are in the development stage. This project is supported by a HRSA residency training grant.

The outpatient surgery rotation at Camden has been replaced by an outpatient surgery rotation at the John L. McClellan Memorial Veterans Hospital in Little Rock, as of November 2009. This is an improvement that has been well received by the residents.

It's now common for the program to receive more than 1,000 applications for the six resident positions that become available each year. While sorting through such a number of applications is daunting, it's good to know that the program is in demand and that we can choose from the best.

**"I enjoy sharing what I have learned these last 30 years in practicing family medicine. I hope in doing so that graduates will be better prepared to face the challenges they will encounter after they leave UAMS."**

**C. Philip Hudson, M.D.  
Residency Program Director**

## UPCOMING CME EVENTS

**1st Annual Laboratory Update**  
February 26, 2010

**32nd Annual Family Practice Intensive Review Course**  
June 3-6, 2010

**14th Annual Family Medicine Update**  
October 2010

See <http://cme.uams.edu/> for details.

### *Welcome cont. from page 2*

Another amazing accomplishment has been the development of a nearly \$1 million five-year NIH grant that was received by Geoffrey Goldsmith, M.D., in 2008. The grant has been successful in bringing screening modalities for colon cancer to the AHEC FM residencies and their clinics.

Other innovations include a larger research role and improved philanthropy for the department. I hope the DFPM will become a leader in family medicine research that will support our mission, especially of prevention. I want to create a larger research faculty that can complete this task. In order to accomplish this and other missions, we will need the philanthropic support of you, our graduates and others who support family medicine!

I look forward to the results of

this newsletter: Connecting old friends, bringing back long-lost colleagues, strengthening communication with all of our well-trained graduates, and increasing support for the mission and vision of the DFPM. I hope you will find the newsletter exciting and stimulating, and that you will send us your stories and updates for future issues.

I invite you to visit with us and learn more about the current activities at the DFPM. Please read and enjoy!

Daniel Knight, M.D.  
Chairman

**What do you do in your leisure time?**

Painting (oil on canvas), watching TV, making jewelry.

**If you could invite any three people in the history of the world to have dinner with you, who would you choose?**

Steffi Graf, the world's former number # 1 Tennis player - I am a huge fan of this strong woman player who won major championships. Oprah Winfrey - Self made, strong American woman with an influence and a huge fan base. Mother Teresa - humanitarian missionary nun who helped the homeless and the sick all her life.

**What three words best describe you?**

Positive. Leader. Enthusiastic.



**Annie Khurana, M.D.**  
**'08**

**FACULTY MEMBER LAUNCHES ONLINE MEDICAL JOURNAL**

Executive Associate Dean for Clinical Affairs and Professor of Family and Preventive Medicine, Charlie Smith, M.D., is the co-editor of the Journal of Participatory Medicine, an online journal that made its debut in October 2009.

Smith said his interest in an online journal started a few years ago. "I met a physician named Tom Ferguson who was a patient in the myeloma program," said Smith. "He was gathering a group of professionals together to promote the idea that the internet was increasingly allowing patients to participate actively in their health care. They do this through online research about their condition, online communication with patient support groups, tracking their own labs and results, and communicating directly with their physicians."

The group has continued to meet and started a Web site (<http://www.e-patients.net>), then founded a society, The Society of Participatory Medicine. Then, most recently, they decided to launch a journal to publish articles related to how

empowered patients make a difference in health care. The journal can be accessed at <http://www.jomp.org>.

When Smith is not editing the journal, he can be found precepting and providing clinical care to his patients in the FMC and attending on the inpatient service. Additionally, he is the founder and chairman of the board of eDoc America (<http://www.edocamerica.com>).

**PGY-1 RESIDENT MAKES TV DEBUT**

Ken Suh, M.D., made his TV debut in October 2009 during a Channel 11 newscast, in which he was interviewed about what men can do to keep their hearts healthy.

You can access Suh's interview by going to <http://familymedicine.uams.edu/residents.asp> and clicking on the "Kenneth Suh" link.

**UPDATE CORNER**

Please keep us updated on your contact information.

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<http://familymedicine.uams.edu>



## PHILANTHROPY IS ESSENTIAL FOR OUR SUCCESS!!

Please consider a tax-deductible gift to the Family Medicine Residency Program.

- Our top three needs are:
1. Digital radiology equipment
  2. Refurbishing of the residency work areas
  3. Discretionary funds for the residency director

It's easy to do

- Make your check payable to UAMS FOUNDATION FUND.
- On the memo line, print FAMILY MEDICINE.

Mail to:  
Univ. of Ark. for  
Medicine Sciences  
ATTN: BROOKE IVY,  
ASSOCIATE DIRECTOR  
OF DEVELOPMENT  
4301 West Markham, Slot 716  
Little Rock, AR 72205

You will be sent a receipt for tax purposes.

Your assistance is vital for us to reach our goals of becoming leaders in research, especially in prevention. Thank you for your support!

**WHAT IS PHILANTHROPY?**

According to Merriam Webster's Online Dictionary, *philanthropy* is goodwill to fellowmen, especially an active effort to promote human welfare. The word dates back to about 1623, and its Greek roots literally mean "loving people."