

THE

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UNIVERSITY OF ARKANSAS FOR MEDICAL SCIENCES FAMILY MEDICINE RESIDENCY PROGRAM

FALL 2011, VOLUME 3, ISSUE 1

DFPM WELCOMES THE NEW DIVISION OF COMMUNITY RESEARCH

In the spring of 2011, Daniel Knight MD (DFPM chair) announced the formation of a new Division of Community Research that will partner with community-based organizations throughout Arkansas to translate evidence-based interventions and theoretically driven models into community settings.

“The unit will have a special emphasis on family and environmental factors linked with poor health, growth, and psychosocial development of young children living in at-risk families and communities,” Dr. Knight said. In his announcement, he outlined some of the studies currently led by the research faculty to promote optimal development of children, including school-based obesity prevention, parenting support for low-income pregnant teens, substance abuse prevention and

intervention, and multiple studies addressing the quality of early childhood environments.

Little Rock Family Medicine residents now have the option of a research elective working with the Community Research faculty members. In most cases, the elective will be divided into a two-week rotation early in the academic year and another two-week rotation later in the academic year. “This format will give residents an opportunity to work with a project over time,” Dr. C. Philip Hudson MD, Program Director, said. “For those who are interested in research, this is hands-on training with experts in the field.”

All of the Community Research faculty have extensive research experience. Leanne Whiteside-Mansell EdD, who holds the rank of Professor, has served as lead or co-investigator on multiple cross-site, longitudinal studies.

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DFPM MEDICAL STUDENT EDUCATION PROGRAM RECEIVES \$1.5 MILLION GRANT

The DFPM Division of Medical Student Education (formerly the Pre-Doc Division) has been awarded a five-year \$1.5 million grant from HRSA (Health Resources and Services Administration), in collaboration with the UAMS AHEC program.

The project will support programs for medical students in an effort to increase the number of students entering Family Medicine. These programs will include comprehensive curricular activities throughout medical school to address negative factors that students associate with Family Medicine and medically underserved practice. Strategies include a preceptorship for 60 rising sophomores, a Community Practice Learning Collaborative for first and second year students to match them with mentors, a revised clerkship didactic curriculum, and improved communication strategies to promote the importance of Family Medicine and the need for family practitioners in Arkansas.

Arlo Kahn MD is the principal investigator and Diane Jarrett EdD is the project evaluator. The project is scheduled to run through June 2015.

ALUMNI SPOTLIGHT

If you'd like to be featured in an upcoming Alumni Spotlight, email DMJARRETT@UAMS.EDU

Name: Lalitha Swaminathan, M.D.

Hometown: Thanjavur, Tamil Nadu, India

Education: Thanjavur Medical College, India; Family Medicine Residency Program, 2008

Current position: Primary care physician at Arkansas Blue Cross Employee Clinic, Little Rock

What was your most memorable moment from the residency program?

I can't forget that Effat Jehan offered to switch rotations and do a wards month on short notice while I had to extend my stay in India. Thank you, Effat!

NEWS FROM THE RESIDENCY DIRECTOR



In the last few months, several of our residents have been able to put to good use the media training session that they had during their FM-II rotation. Dr. Appathurai "Bala" Balamurugan recently appeared on Fox 16 News to discuss screening for skin cancer, for example. Not long before that, Dr.

Raj Cheerla made her TV debut to discuss listeria. Other recent TV stars include Dr. Sarah Kareem, Dr. Shashank Kraleti, Dr. Lydia Steelman, and Dr. Jimmy Fulmer. These television appearances are good experience for the residents, all of whom have done an excellent job. See <http://familymedicine.uams.edu/ResidentTVAppearances> for more information.

We are currently sifting through about 1,100 applications for next year's PGY-1 resident positions. The applicants come from around the world, which makes sense considering that our current residents represent six different nations and four different continents. Our diversity is one of our major strengths.

Another strength is the variety of rotations we offer, including a new OB rotation in Helena and a new research elective here in the DFPM. We are constantly seeking improvements in the program, and we welcome input from our alumni.

C. Philip Hudson, M.D.
Residency Program Director

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She also has more than 70 peer-reviewed publications and numerous national presentations to her credit. Associate Professor Nicola "Nikki" Burrow PhD has more than 12 years of experience in research involving high risk populations, more than 25 peer-reviewed publications, and more than 70 presentations on topics related to high risk families and children's psychosocial outcomes. Assistant Professor

UPCOMING CME EVENTS

2012 Oncology Update for the Primary Care Physician
January 13, 2012

8th Annual Cardiovascular Health Update
January 27, 2012

Primary Care Symposium and Procedures Workshop
March 2-3, 2012

34th Annual Family Medicine Intensive Review Course with Pain Management Pre-Conference
May 17-20, 2012

To register or to find out more information, go to www.cme.uams.edu or call 501-603-1660.

NEWS FLASHES

- **Daniel A. Knight MD and Diane Jarrett EdD** made a presentation at the 2011 Spring Conference of the Society of Teachers of Family Medicine in New Orleans. The title of the presentation was "Innovative Training of Residents in Cultural Competence and to Serve the Underserved."
- **Chris Rule LCSW and Peggy Miller LCSW** made a presentation at the 2011 Forum for Behavioral Science in Family Medicine in Chicago. Their presentation was entitled "Teaching Residents to Change Health Behavior in Low-Income, Multicultural Patients in a Community Setting."
- **Check out** our new and improved website, and join in the fun on Facebook and Twitter. We don't get very many tweets, unfortunately, so help us out. Go to <http://familymedicine.uams.edu/Residency> and look for the links.

Lorraine McKelvey PhD has extensive experience in program evaluation research, university/community partnerships, and managing longitudinal data. She has served as principal investigator or lead evaluator on multiple projects and has been funded by the Robert Wood Johnson Foundation to study the effects of exposure to family and community violence on children's cognitive and psychosocial development.

**Who were your favorite faculty members?
Why?**

All of the faculty! I especially admire Dr. Wortham for his commitment and involvement.

What do you do in your leisure time?
Play with my kids, listen to melodious classical.

**If you could invite any three people in the history of the world to have dinner with you, who would you choose?
Why?**

Mahatma Gandhi, Mother Teresa, and Princess Diana – 3 famous personalities who were advocates and leaders of peace.

What three words best describe you?
Positive, compassionate, happy.



Lalitha Swaminathan, M.D.

FACULTY POSITION AVAILABLE IN THE DFPM

The Department of Family and Preventive Medicine is seeking two full-time faculty members:

- Associate Director, Medical Student Education
- Associate Director, Residency Program

These positions will provide both inpatient and outpatient care, as well as teach residents and medical students. Additionally, there will be

opportunities for scholarly activity.

Women and underrepresented minorities are encouraged to apply. Contact Dr. Knight for additional information about applying.

Daniel Knight, M.D.
DFPM Department Chair
DAKnight@UAMS.EDU
501-686-6606

YOUR SUPPORT IS NEEDED!

Please consider a tax-deductible gift to the Family Medicine Residency Program.

It's easy to do.

- Make your check payable to UAMS FOUNDATION FUND.
- On the memo line, print FAMILY MEDICINE.

Mail to:

UAMS Office of Development and Alumni Affairs
4301 W. Markham St., Slot 716
Little Rock, AR 72205

If you prefer to give online with a credit card, go to http://familymedicine.uams.edu/TaxDeductible_Gifts.

You will be sent a receipt for tax purposes.

Your assistance is vital for us to reach our goals of becoming leaders in research, especially in prevention. **Thank you for your support!**

“The new research elective is a great bonus for our program,” Diane Jarrett EdD, Assistant Residency Director, said. “We are very fortunate to have skilled researchers in our department who are interested in sharing their expertise with our residents.”

More information about the division and their current projects can be found on the Family Medicine website at <http://familymedicine.uams.edu/CommunityResearch>.

UPDATE CORNER

Please keep us updated on your contact information.

NAME: _____

ADDRESS: _____

PHONE: _____

E-MAIL: _____

YEAR OF COMPLETION: _____

WHERE ARE YOU WORKING? WHAT DO YOU DO THERE? _____

FAX: 501-686-8421

E-MAIL: dmjarrett@uams.edu

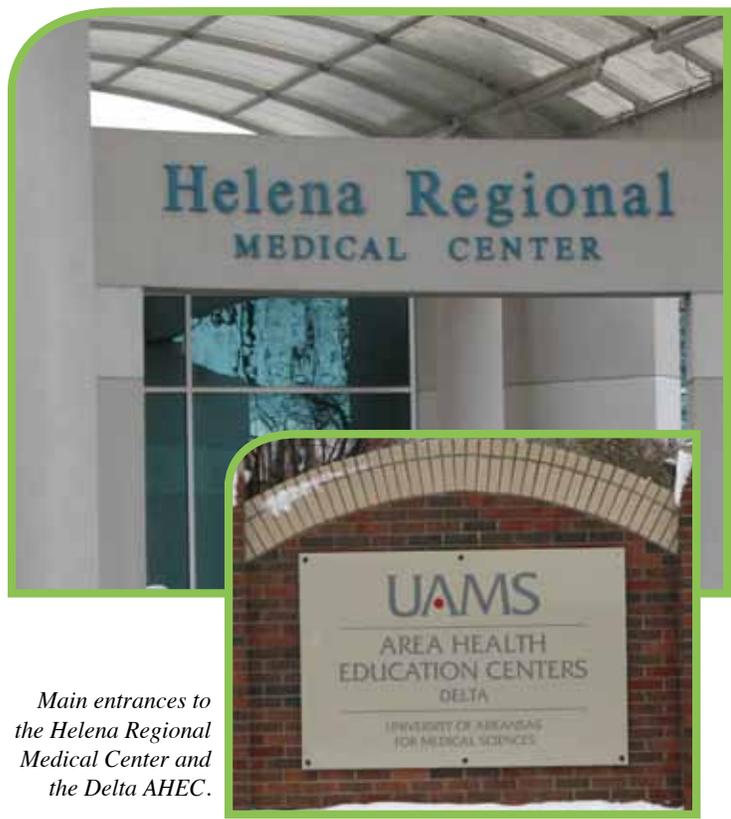
MAIL: UAMS Family and Preventive Medicine
ATTN: Dr. Diane Jarrett
4301 W. Markham St., Slot 530
Little Rock, AR 72205

UAMS Family Medicine Residency Program
4301 West Markham, Slot 530
Little Rock, AR 72205

501-686-6593 (phone)
501-686-8421 (fax)

Editor: Diane Jarrett Ed.D.
DMJARRETT@UAMS.EDU

Find us online at:
<http://familymedicine.uams.edu>



Main entrances to the Helena Regional Medical Center and the Delta AHEC.

LITTLE ROCK FAMILY MEDICINE RESIDENCY PROGRAM LAUNCHES A NEW OBSTETRICS ROTATION IN HELENA, ARKANSAS

Beginning in January 2012, all PGY-1 residents will have their first obstetrics rotation at the Helena Regional Medical Center in Helena, Arkansas.

“This rotation will be excellent for several reasons,” Dr. Hudson said. “It gives our residents the opportunity to work in a community-based setting, and furthermore it’s in an underserved area of the state where there is considerable need for Family Medicine physicians.” He added that the Delta AHEC will provide a comfortable apartment for the residents to live in, with full access to their modern workout facilities, including a weight room and an indoor walking track.

The PGY-2 OB rotation will continue to be on the UAMS campus, and residents will still deliver babies through the University Women’s Clinic across the freeway from UAMS. “The overall OB experience in our program is expanding and improving,” Dr. Hudson said. “I think our residents will be very pleased with their learning opportunities.”