What else is happening around Arkansas?

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Learning Objectives

After the presentation, participants will be able to:

- Define Medication Therapy Management (MTM)
- List examples of Community Pharmacy Enhanced Services
Key Concepts

One of our 1305 grant strategies is to increase the engagement of community pharmacists in the provision of medication/self-management for adults with high blood pressure and diabetes.

To implement this strategy, we first needed to know about the enhanced services already being provided by Arkansas pharmacists.
What is happening in Arkansas?

In collaboration with ADH, the Arkansas Pharmacy Foundation and Clinton School of Public Service are finalizing a survey of baseline information about the enhanced services provided by Arkansas pharmacists.
Arkansas Pharmacist Survey

The results of this survey will:

- Serve as a benchmark for future measurements of success
- Help identify areas of need
- Provide foundation for future policy considerations in the pharmacist scope of practice
What did we find?

• Pharmacists were starting to provide Medication Therapy Management or MTM in the pharmacy or physician offices.

• Centers for Medicare and Medicaid Services (CMS) requires health care plans to provide MTM to Part D beneficiaries as comprehensive medication review.
What is it MTM?

- Medication therapy management (MTM) is medical care that is provided by pharmacists. It is a distinct service or group of services that are aimed at optimizing therapeutic outcomes for individual patients. It is different from dispensing. It is a program that ensures optimum therapeutic outcomes for targeted beneficiaries through improved medication use.

- It is like having your personal pharmacist sit down with you and discuss your prescriptions and other medications to see if they are right for you. They answer questions and consult with your physician on what is best for you.
This past year, we completed 20 MTM training workflows and surveys for community based pharmacist and pharmacy tech teams.
• Pharmacists are RAVING about MTM and The Future certification program.

• “It was created for rural Arkansas!”
MTM The Future Today

This program, developed in conjunction with Arkansas based Harps Food Stores, offers:

• Step-by-step protocols for pharmacists and pharmacy technicians that works for rural Arkansas

• Manual, including all the forms needed for each disease state, helps to streamline documentation and make it applicable for any size community pharmacy

• A clear, practical “how to” for the implementation of MTM in the pharmacy workflows
H Harps Food Stores

• Harps pharmacies were not even ranked in the top 50 regional chains for comprehensive medication review in 2015.

• After completing the MTM The Future Today, Harps pharmacies were ranked **number 4** by the end of 2016!
What is CPESN?

- Community Pharmacy Enhanced Services Network (CPESN) is a network that is integrating pharmacists into the medical home team to broaden capacity for care management.

- Pharmacists can provide enhanced pharmacy services that go above and beyond conventional prescription dispensing and basic patient education.
CPES in Action

Medication Therapy Management in Medicare Part D and select private plans, with an emphasis on diabetes and hypertension management.
Physician-pharmacist team based disease state management best practices in multiple practice settings, with an emphasis on diabetes and hypertension management.
• Physician (and other prescribers) led partnership with pharmacists for therapeutic substitution for cost effective drug therapy for improved workflow efficiencies, increased patient satisfaction and higher medication adherence
Examples of Community Pharmacy Enhanced Services

- Adherence packaging
- Comprehensive medication reviews
- Transition of care support
- Immunization screening, vaccination, and documentation in the statewide immunization registry
- Medication synchronization with improved adherence outcomes
Plans for the Future

ADH and community partners will work together to provide:

- Written and video toolkits
- Training
- Continuing education
- Networking opportunities for pharmacists to share best practices and empower them to offer enhanced pharmacists services to patients in need
Closing Thoughts